

For insured women (employee, special retirement and extended coverage) of Fujitsu Health Insurance

* Extended coverage limited to 30 and up (as of April 1, 2026)

* Until the day before one's 75th birthday

Fujitsu Health Insurance Society 2026 Edition

Health Checkup Request Form (Gynecological checkup for insured persons)

Please be sure to read this form.

You may receive one free health checkup during the fiscal year (from April 1 to March 31 of the following year).

* Please note that a second examination of the same type will be at your own expense.

Process from Reservation to Receiving Results	(1) Appointment	<ul style="list-style-type: none"> •Please apply by calling the health center of your choice from among the enclosed "List of Contracted Health Centers." •When making your appointment, please be sure to specify that it is for the "<u>Fujitsu Health Insurance Society Gynecological Checkup.</u>" •Medical institutions may send you questionnaires or test kits.If you have any questions, please contact the medical institution.
	(2) Examination	<ul style="list-style-type: none"> •Make sure to bring <u>this Health Checkup Request Form and one of My Number Health Insurance Card, or Health Insurance Eligibility Certificate</u> to the checkup. •In the unlikely event that you are unable to do so, be sure to contact the health center. <p>If additional tests other than those listed among the "Examination Items" on the reverse side are performed, you will be required to bear the additional costs.</p> <p>Please note that Fujitsu Health Insurance Society will not subsidize these additional costs. If you wish to undergo additional tests, please check with the health center regarding the amount you will be required to pay and the payment method.</p> <p>Please note that the Fujitsu Health Insurance Society may not reimburse your health checkup if you receive a checkup at a contracted health center and also at a non-contracted health center (i.e. your primary care physician).</p>
	(3) Receipt of result notification	<ul style="list-style-type: none"> •You will receive a notice of the results of the health checkup from the health center at a later date. •If the results indicate that you should undergo a full examination, be sure to do so at a medical institution. <p>* Such further examinations and treatment are covered by insurance.</p>

Form to Be Completed by the Examinee

Please complete the form in this frame and submit it to the health center on the day of the checkup.

Date of Checkup	(YYYY/MM/DD) / /		
Type of Checkup Please check the appropriate box (☑).	<input type="checkbox"/> Breast cancer screening + Cervical cancer screening <input type="checkbox"/> Mammography or <input type="checkbox"/> Breast ultrasound (echography) <input type="checkbox"/> Breast cancer screening only <input type="checkbox"/> Mammography or <input type="checkbox"/> Breast ultrasound (echography) <input type="checkbox"/> Cervical cancer screening only		
Examinee	Code	Number	<Requirements for Health Checkups> (1)Must be an insured person (employee, special retirement and extended coverage) of Fujitsu Health Insurance as of the date of the examination. (2)Must be examined by the day before one's
	Name		Date of Birth
	(Furigana)		(YYYY/MM/DD) / /
			() years old
* The code and number are printed on your My Number Health Insurance Card, your eligibility notification (on the Health Up F@mily app), or your Health Insurance Eligibility Certificate.	Address and Contact Information		
	(〒 -) (Contact Phone No. - -)		

* Personal information collected using this form will not be used for any purpose other than to implement Fujitsu Health Insurance Society's health services. The information will be properly managed in accordance with the Personal Information Protection Law.

* Fujitsu Health Insurance Society health checkup business is entrusted to Best Life Promotion, a wholly owned group company of Fujitsu.

Health screenings can help detect risks such as cancer at an early stage, but they cannot detect every disease 100% of the time. If you experience any unusual sensations or symptoms in your daily life, please seek prompt medical attention.

[Gynecological checkup for insured persons]

Examination Item	Details of Examination		
Age requirement	Insured Person (Employee)	Special Retirement (Insured Person)	Extended Coverage (Insured Person)
	All women	All women	For 30 and up (As of April 1, 2026)
Breast cancer	Breast examination Palpation will be conducted upon the examinee's request. However, depending on the contract with the health center, it may not be performed.		
	Mammography or breast ultrasound (echography) <u>In principle, only one of these two examinations will be conducted.</u> If you wish to have both examinations, please contact the health center directly. It is possible to undergo both examinations (although some health centers cannot accommodate this), but the cost of one of the two examinations must be covered by the examinee. Please note that some health centers may only provide mammography or breast ultrasound (echography).		
Cervical cancer	Cervical cytology (physician-collected)		