

2025Version Spousal Health Checkup / Family Member Health Checkup List of Contracted Health Centers

(○)Available, (－)Not Available, (★)Choose one of either examination

*"Independent examination" means that gynecological examinations are performed on a different day that regular health checkups and lifestyle-related disease checkups

Area	Name of Contracted Health Center	Spousal Health Checkup							Family Member Health Checkup	Reservation Phone Number	Location
		Regular Health Checkup	Disease-related lifestyle checkup	Breast Cancer Screening			Cervical Examination	Independent examination			
				Mammography	Ultrasound	Examination by Breast Specialist					
Hokkaido	Seamen’s Insurance Hokkaido Healthcare Center	○	○	★	★	—	○	—	○	011-200-4811	Maruit Sapporo Bldg. 5F, 1-1 Kita 2-jo Nishi, Chuo-ku, Sapporo
Miyagi	Shichigo Clinic	—	—	★	★	○	—	○	—	022-287-1475	3-25-4 Arai, Wakabayashi-ku, Sendai City
Fukushima	Takeda General Hospital Medical Checkup Center	○	○	★	★	—	○	○	○	0242-29-9877	1-1 Honmachi, Aiduwakamatsu City
Fukushima	Nakano Clinic	○	○	—	—	—	—	—	○	024-575-2246	20-1 Aza-Shironouchi, Hobara-machi, Date-shi
Ibaraki	Tsukuba City Internal Medicine Clinic (affiliated) Ningen Dock/health checkup center “MARS”	○	○	—	—	—	—	—	○	029-856-5500	Tsukuba City Building 4 F, 2-8-8Azuma, Tsukuba City
Chiba	Ruhban Health Checkup Center	○	○	★	★	—	○	○	○	0476-85-7766	138 Soufuke, Inzai City

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		Regular Health Checkup	Lifestyle-related disease checkup	Breast Cancer Screening			Cervical Examination	Independent examination			
				Mammography	Ultrasound	Examination by Breast Specialist					
Tokyo	MY Medical Clinic Otemachi	○	○	★	★	—	○	—	○	03-4565-0200	Otemachi Place B2F, 2-3-1 Otemachi, Chiyoda-ku, Tokyo
Tokyo	Chuo Minato-kai Mitsui Tower Clinic	○	○	★	★	—	○	—	○	03-3510-9945	Nihonbashi Mitsui Tower 5F, 2-1-1 Nihonbashi Muromachi, Chuo-ku
Tokyo	Nihonbashi Muromachi Mitsui Tower Midtown Clinic	○	○	★	★	—	○	—	—	03-3231-2068	Mitsui Tower 7F, 3-2-1 Nihonbashi Muromachi, Chuo-ku
Tokyo	Shiodome City Center Central Clinic	○	○	★	★	—	○	○	○	03-5568-8702	Shiodome City Center, 1-5-2 Higashi-Shinbashi, Minato-ku
Tokyo	Shin Akasaka Clinic Aoyama	○	○	★	★	○	○	—	○	03-5770-1250	Hulic Aoyama Gaien Higashidori Building 2F, 2-2-3 Minami-Aoyama, Minato-ku
Tokyo	Tokyo Midtown Clinic	○	○	★	★	—	○	—	—	03-5413-0081	Midtown Tower 6F, 9-7-1 Akasaka, Minato-ku
Tokyo	Shinjuku Health Screening Plaza, Japan Health Management Association	○	○	★	★	○	○	○	○	03-3207-2222	2-3-18 Kabukicho, Shinjuku-ku
Tokyo	Tokyo Health Service Association	○	○	★	★	—	○	○	○	03-3269-2190	1-2 Ichigaya-Sadoharacho, Shinjuku-ku
Tokyo	Medical Corporation Saishinkai Telecom Center Building Clinic	○	○	—	○	—	—	—	○	03-3713-5800	Telecom Center Building WEST 3F, 2-5-10 Aomi, Koto-ku, Tokyo
Tokyo	MY Medical Clinic Shibuya	○	○	★	★	—	○	—	○	03-6712-7487	NMF Shibuya Koen-dori Building 4F and 5F, 20-17 Udagawacho, Shibuya-ku
Tokyo	Hououkai Phoenix Medical Clinic	○	○	★	★	○	○	○	○	0120-063-063	3-41-6 Sendagaya, Shibuya-ku

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				Mammography	Ultrasound	Examination					
Kanagawa	MY Medical Clinic Yokohama Minatomirai	○	○	★	★	—	○	—	○	03-4570-0549	Minatomirai Center Building 11F, 3-6-1 Minatomirai, Nishi-ku, Yokohama-shi
Kanagawa	Yokohama Leaf Minatomirai Healthcare Clinic	○	○	★	★	—	○	○	○	045-651-1572	11F Leaf Minato Mirai, 4-6-5 Minato Mirai, Nishi-ku, Yokohama
Kanagawa	Medical Corporation Saishinkai KSP Clinic	○	○	—	○	—	○	○	○	03-3713-5800	5F, West Wing, Kanagawa Science Park, 3-2-1 Sakado, Takatsu-ku, Kawasaki-
Kanagawa	Health Science Center	○	○	★	★	—	○	○	○	042-740-6200	3-3-2-401 Sagamiono, Minami-ku, Sagamihara-shi, Kanagawa
Kanagawa	Shonan Kamakura General Hospital Preventive Medicine Center	○	○	★	★	—	○	—	○	0467-44-1454	1370-1 Okamoto, Kamakura City
Kanagawa	Setoyama Obstetrics and Gynecology	—	—	—	○	○	○	○	—	0466-43-3335	7-52-11 Shonandai, Fujisawa City
Shizuoka	Tomei Susono Hospital	○	○	—	—	—	—	—	—	055-928-5955	1472 Mishuku, Susono City
Kyoto	Kyoto Industrial Health Association Yamashina Health Checkup Clinic	○	○	★	★	—	○	—	○	0120-823-066	Lact C 301, 92 Takehana Takenokaido-cho, Yamashina-ku, Kyoto City
Okayama	Chugoku Occupational Health Association Tsuyama Medical Checkup Center	○	○	○	—	—	○	—	○	0868-28-7311	634-25 Toshima, Tsuyama City
Fukuoka	【NEW】Raffles Medical Hakata Clinic	○	○	★	★	—	○	—	○	092-409-9905	KITTE Hakata 8th Floor, 9-1 Hakataeki Chuogai, Hakata-ku, Fukuoka-shi
Fukuoka	Medical Check Up Center Wellness Tenjin	○	○	—	—	—	—	—	○	0120-489-379	Tenjin Heiwa Building 4F, 1-14-4 Tenjin, Chuo-ku, Fukuoka City, Fukuoka

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Fukuoka	Medical Check Up Cente Women's Wellness Tenjin Dual	○	○	★	★	—	○	○	○	0120-489-379	Tenjin Heiwa Building 7F, 1-14-4 Tenjin, Chuo-ku, Fukuoka City, Fukuoka
Fukuoka	Fukuoka Dental College Medical and Dental General Hospital	—	—	○	—	—	—	○	—	092-801-0430	2-15-1, Tamura, Sawara-ku, Fukuoka City

■Terms of Use

- Please note that the information presented is subject to change.
- The services of some contracted health centers such as childcare services, parking, and women-only days may be limited to certain days or require additional fees. Please contact the health center directly to check in advance.

■For Inquiries

- If you are unclear about anything, please contact the Health Checkup Contact Center
Toll-Free: 0120-373-155
Hours: Monday – Friday 10 a.m. – 6 p.m. (Except public holidays)
For email inquiries: blp-kenshin@dl.jp.fujitsu.com

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